

S. BAYATI, MD, FACS



NON-SURGICAL REJUVENATION

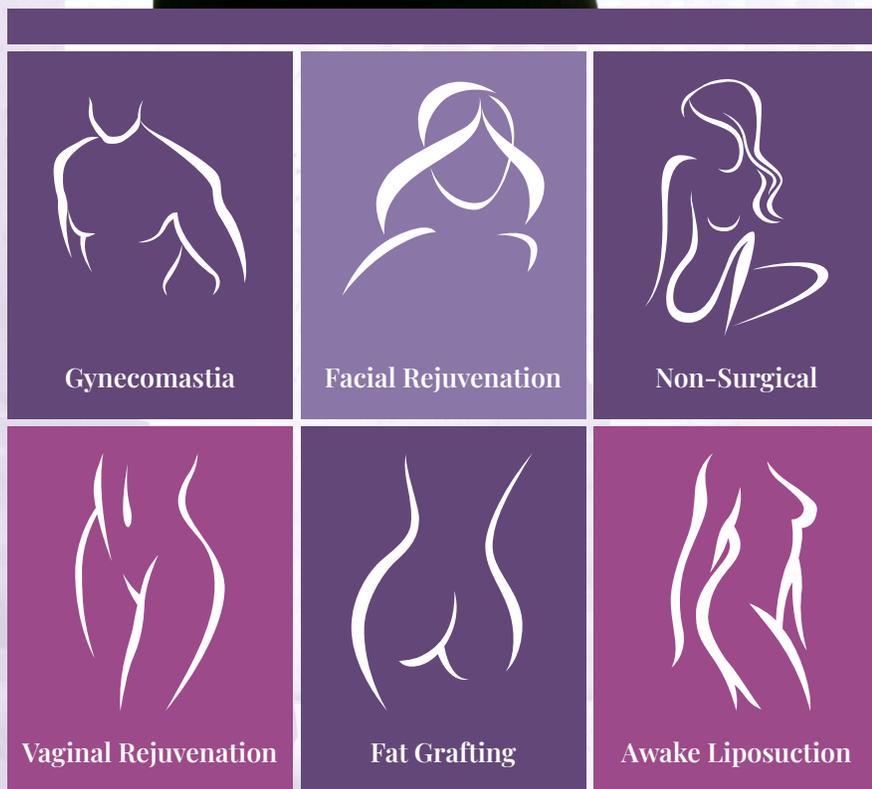
The Ultimate Guide

WELCOME TO THE BOUTIQUE EXPERIENCE



At Dr. Bayati's Plastic Surgery Boutique in Newport Beach, we blend advanced science with refined artistry to deliver transformative non-surgical aesthetic care. Led by board-certified plastic surgeon Dr. Semira Bayati, our medspa offers a carefully curated range of treatments designed to refresh, rejuvenate, and restore your natural beauty without surgery or downtime.

Whether you're new to aesthetic medicine or looking to enhance your current routine, this guide will walk you through our most popular services and how they support your long-term beauty and wellness goals.





WHAT ARE MEDSPA SERVICES?

Medspa services, also called non-surgical aesthetic treatments, offer powerful cosmetic rejuvenation without incisions or long recovery periods. They include injectables, laser treatments, skin resurfacing, and body sculpting customized to your unique skin type, age, and goals.

Why Choose Non-Surgical?

- ⦿ **Minimal Downtime:** Many treatments are “lunch break” procedures.
- ⦿ **Gradual, Natural-Looking Results:** Perfect for those wanting subtle enhancements.
- ⦿ **Layered Plans:** Treatments can be stacked for maximum results over time.

New to Aesthetic Care? Begin with a personalized consultation where we'll evaluate your goals, skin health, and lifestyle to create a custom plan.



FACIAL REJUVENATION SERVICES



Botox[®], Jeuveau[®], & Xeomin[®]

Relax expression lines like crow's feet, frown lines, and forehead wrinkles with FDA-approved neuromodulators. These treatments work by temporarily relaxing the underlying facial muscles responsible for repeated facial movements.

Results are subtle, refined, and typically last 3–4 months. Maintenance appointments every few months can help preserve a youthful, relaxed appearance over time.



Dermal Fillers

Restore lost volume, contour cheeks and jawline, and enhance lips using advanced hyaluronic acid-based fillers. Fillers are ideal for smoothing smile lines, enhancing facial definition, and adding fullness where age has caused deflation. Sculptra[®] and Dilute RADIESSE[®] are used to promote new collagen synthesis in the face, adding volume while your body naturally produces collagen. Visible results appear immediately and can last 6–18 months, depending on the product and area treated. Treatments can also be reversed if necessary.



Microneedling with SkinPen®

Refresh your complexion from within with SkinPen® microneedling, a gentle yet effective treatment that harnesses your skin's natural ability to heal and regenerate. Using a precision device with fine, medical-grade needles, microneedling creates tiny channels in the skin, stimulating collagen and elastin production.

Microneedling is particularly effective for acne scars, enlarged pores, fine lines, and dull texture. Add PRP (platelet-rich plasma) to boost regenerative effects.

Morpheus8™ RF Microneedling

Morpheus8™ delivers radiofrequency (RF) energy deep into the dermis while also creating microchannels in the skin. This dual-action treatment improves skin laxity, texture, and tone in a single session. It's especially effective for contouring the lower face and neck and is often used as a non-surgical facelift alternative. Ideal for those noticing early sagging or jowling. Morpheus8™ Body is a similar option that can be used for fat reduction and skin tightening in areas that may be difficult to target with traditional measures, such as the tummy, arms, and thighs.



Chemical Peels

Chemical peels are a powerful way to revitalize your complexion by gently exfoliating the skin and stimulating cell turnover. At Dr. Bayati Plastic Surgery Boutique, our curated collection of professional peels offers a range of intensities and formulations tailored to your skin's needs.

- ◎ **CO2LIFT Pro Carboxy Gel:** A carboxytherapy treatment that boosts collagen, improves circulation, and accelerates healing for smoother, healthier skin in-office or at home.
- ◎ **Blue Peel Radiance:** A gentle yet effective peel that improves skin texture, tone, and radiance with minimal downtime, ideal for addressing photo damage and pigmentation concerns.
- ◎ **3 Step Stimulation Peel:** A potent ZO® Skin Health peel that refines pores, smooths texture, and targets signs of aging, sun damage, and discoloration with minimal peeling and downtime.
- ◎ **Micro Peel Plus:** A glycolic acid-based peel that smooths fine lines, evens skin tone, and reduces imperfections caused by aging, acne, and environmental damage.
- ◎ **VI Peel®:** A versatile peel that stimulates collagen, brightens tone, and addresses aging, acne, pigmentation, and texture for a more youthful, refreshed appearance.
- ◎ **Melanage Ultra Peel:** To address areas of hyperpigmentation, this is an alternative to the Obagi Blue peel with less downtime.
- ◎ **Obagi Blue Peel:** This is the most effective treatment for improving texture, tightening the skin, and addressing persistent hyperpigmentation. It has about 5–7 days of downtime based on the depth.



HydraFacial MD®

A 3-step treatment that deeply cleanses, exfoliates, and hydrates using patented Vortex-Fusion™ technology. This procedure is suitable for all skin types and is commonly used to prepare the skin for other treatments or to maintain a healthy glow. It can address concerns like dullness, dehydration, clogged pores, and mild pigmentation. You can choose to add additional serums to address hyperpigmentation, fine lines, and texture issues. LED light therapy is added to this treatment to augment the effect.

Laser Skin Resurfacing – SmartSkin™ CO2

This fractional CO2 laser treatment targets the deeper layers of the skin, stimulating collagen and smoothing wrinkles, sun spots, and scars. Ideal for patients looking to improve skin texture and firmness dramatically. While some downtime is involved, the long-term results are often worth it, making it a go-to for skin rejuvenation.

Note: Results develop over 3-6 months; some downtime is required, 5-7 days is usual.



Laser Photorejuvenation (IPL)

Refresh your skin with **Intense Pulsed Light** (IPL) therapy, a gentle yet powerful solution for pigmentation, sun spots, redness, and broken capillaries. IPL uses precise light pulses to target discolored skin cells while leaving surrounding tissue unharmed. Over time, the skin naturally sheds damaged cells and replaces them with new, healthy ones. Sessions are fast, comfortable, and require little to no recovery time.

Stretch Mark & Scar Reduction

Advanced skin-renewing treatments like fractional laser therapy and microneedling with PRP stimulate collagen and elastin production deep within the skin to improve the texture and color of stretch marks and scars. These techniques help smooth skin and fade imperfections over time. Each treatment works by triggering the body's natural healing response, rebuilding healthier skin from within. As an alternative or a secondary augmentation, laser resurfacing can be added for an optimal outcome.



Body Contouring & Skin Tightening



CoolSculpting®

Freeze and eliminate fat in stubborn areas like the abdomen, thighs, and arms. This FDA-cleared procedure uses cryolipolysis to destroy fat cells, which your body gradually eliminates through natural processes—no incisions, anesthesia, or downtime. Patients often begin to see visible results after 4–6 weeks.

Renuvion® Skin Tightening

A revolutionary skin tightening treatment that combines radiofrequency energy and helium plasma to contract tissue beneath the skin. Renuvion is often used post-liposuction to tighten skin or as a standalone solution for mild-to-moderate skin laxity on the body. It offers long-lasting results with minimal scarring.

Morpheus8 Body

Morpheus8 Body is a fractional radiofrequency (RF) microneedling treatment designed to tighten skin, remodel collagen, and promote subdermal lipolysis for improved body contouring. By delivering controlled RF energy deep into the dermis, it stimulates tissue remodeling and fat reduction while enhancing tone, texture, and firmness in larger treatment areas such as the abdomen, arms, and thighs.



Hair Restoration Solutions

Our customized hair restoration approach addresses thinning and early hair loss in both men and women. Topical formulations and advanced in-office treatments are used to stimulate dormant follicles and improve density.

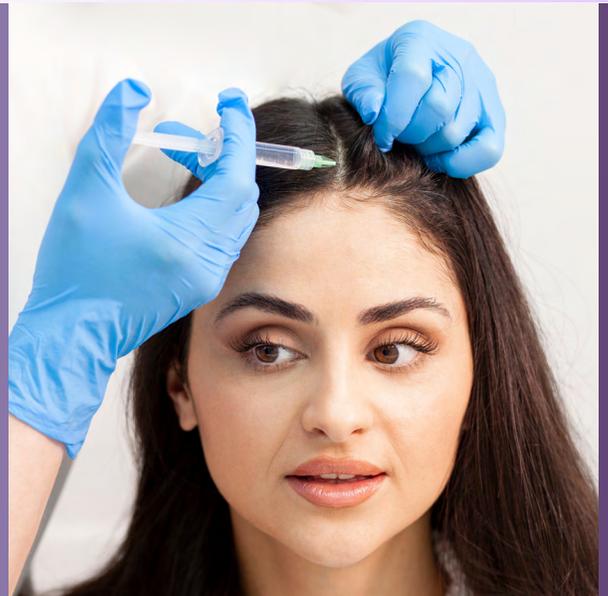


Formula 82M

Topical formula containing minoxidil and tretinoin to promote hair growth and scalp health. Designed to minimize irritation while maximizing effectiveness, it works well as a standalone solution or in combination with in-office procedures.

Scalp Rejuvenation Therapies

In-office microneedling and PRP (platelet-rich plasma) therapies stimulate blood flow and nutrient delivery to dormant hair follicles. Best results are seen with consistent treatment every 4-6 weeks. Suitable for both men and women.



Skincare Products

Dr. Bayati's Plastic Surgery Boutique offers a curated skincare line developed by Dr. Bayati, addressing a range of concerns from aging and pigmentation to acne and sensitivity. Products are designed for clinical efficacy and to complement in-office treatments and prolong results.

Popular Product Categories:

- ⦿ Antioxidants & Vitamin C Serums
- ⦿ Retinol Formulas
- ⦿ Acne Clearing Kits
- ⦿ Brightening Complexes
- ⦿ Sunscreen & Post-Treatment Care
- ⦿ Moisturizers for Face and Eye Regions—
designed for different decades of life



BIOCORNEUM®

Latisse



oxygenetix

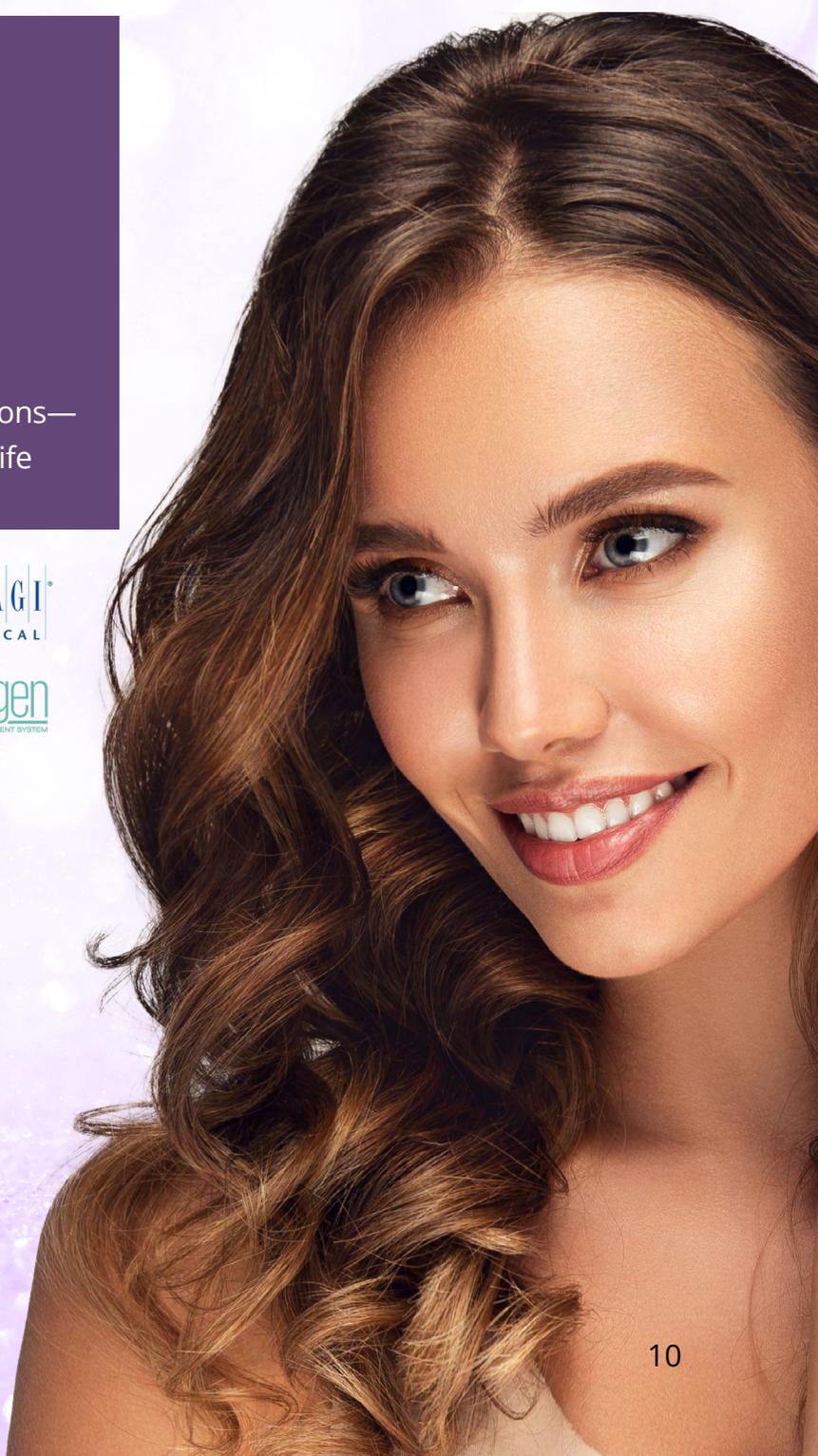
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Whole-Body Wellness

A youthful appearance begins within. At Dr. Bayati's Plastic Surgery Boutique, we embrace a whole-body approach to aging.

Bioidentical Hormone Replacement Therapy (BHRT)

Customized pellet therapy helps correct hormonal imbalances in both men and women. Symptoms like fatigue, mood swings, stubborn weight gain, and thinning skin can be dramatically improved. Dr. Bayati creates personalized plans based on lab results and medical history.

Biote[®] Nutraceuticals

Professional-grade supplements designed to support hormonal function, metabolic balance, and overall vitality. These are often integrated into wellness programs for patients receiving hormone therapy or aesthetic treatments.



PRP Sexual Wellness: P-Shot® & O-Shot®

Revolutionary sexual wellness treatments using platelet-rich plasma (PRP), the P-Shot (for men) and O-Shot (for women), are non-surgical procedures that enhance intimate health and rejuvenation using your body's natural healing factors.

P-Shot® (Priapus Shot)

This PRP-based injection is designed to improve male sexual performance, sensitivity, and stamina. PRP is drawn from your own blood, processed, and injected into targeted areas to stimulate tissue growth and blood flow. Benefits can include enhanced erectile function, improved firmness, and increased sensation.

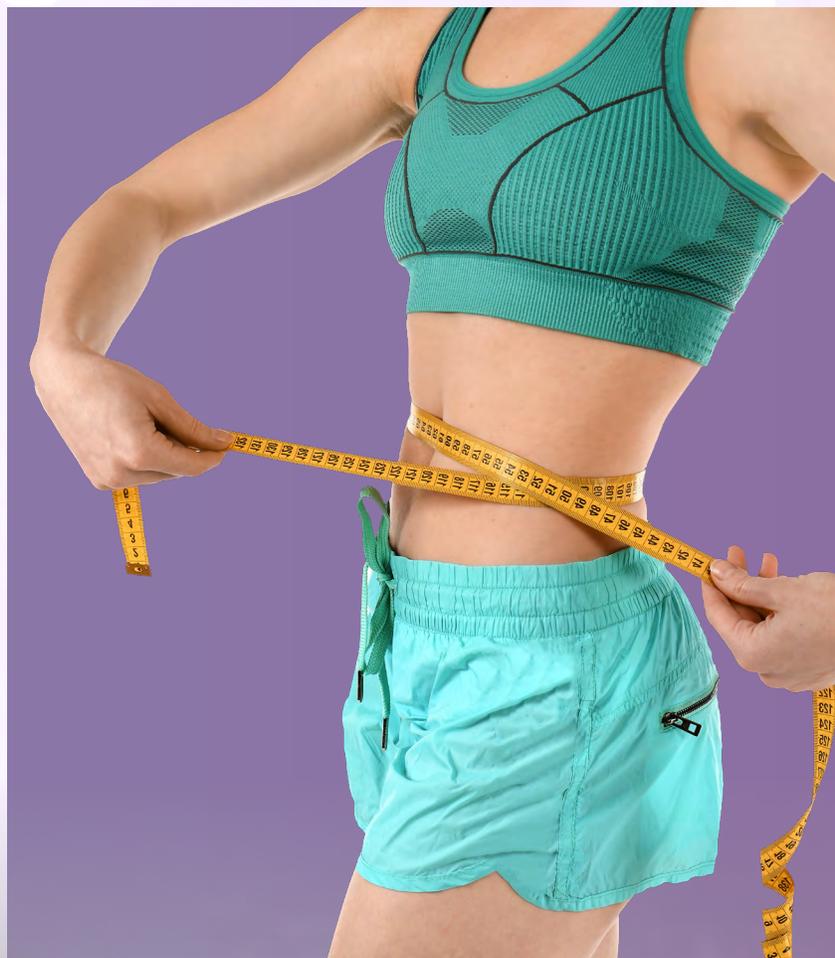


O-Shot® (Orgasm Shot)

Designed for women, the O-Shot® helps rejuvenate vaginal tissue, boost sensitivity, and improve sexual function. It's also commonly used to treat urinary incontinence. Many women report stronger orgasms, increased lubrication, and more satisfaction after treatment.

Medical Weight Management

Your journey to a healthier weight begins with medical expertise, not guesswork. At Dr. Bayati's Plastic Surgery Boutique, our Medical Weight Management program provides a personalized, physician-supervised approach designed to help patients lose weight safely, sustainably, and effectively. Each plan is developed and overseen by Dr. Semira Bayati, ensuring every element—from prescription medications to lifestyle recommendations—is aligned with your health needs and long-term goals.



The Science Behind Medical Weight Loss

Unlike fad diets or over-the-counter solutions, our program is rooted in clinical research and tailored to your individual physiology. Through comprehensive lab testing and consultation, Dr. Bayati identifies the underlying factors that may be hindering progress—such as hormonal imbalance, insulin resistance, or slowed metabolism.

When appropriate, FDA-approved prescription medications are used to regulate appetite, improve insulin sensitivity, and enhance fat metabolism. These medications—such as GLP-1 receptor agonists (semaglutide or tirzepatide)—work with your body's natural signals to support steady, effective fat loss without extreme restriction.



Patients under medical supervision often experience:

- ⦿ Diminished appetite and fewer cravings
- ⦿ Improved control over portion sizes
- ⦿ Enhanced energy and metabolic efficiency
- ⦿ Greater ability to maintain lean muscle while losing fat





A Comprehensive, Supportive Approach

Dr. Bayati's program is designed to do more than help you shed pounds—it's about helping you feel better, stronger, and more confident overall. Each plan includes:

- ⦿ **Thorough Health Evaluation:** Baseline lab work, body composition analysis, and discussion of your medical history and lifestyle.
- ⦿ **Medication Protocol:** Customized prescription plan monitored for dosage, effectiveness, and tolerance.
- ⦿ **Nutrition Guidance:** Sustainable meal planning that supports energy, metabolism, and lean muscle preservation.
- ⦿ **Supplemental Support:** Targeted nutraceuticals, including Biote® nutraceuticals, to enhance energy and hormonal balance.
- ⦿ **Ongoing Monitoring:** Regular check-ins with adjustments as your body adapts and your results progress.

THE CONSULTATION EXPERIENCE



Every treatment plan begins with a personalized consultation. During this visit, your concerns, goals, and lifestyle will be evaluated by our expert team to determine the most effective course of action. Our approach is always customized—ensuring results that enhance your unique beauty.

PATIENT TESTIMONIALS

At Dr. Bayati's Plastic Surgery Boutique, patient satisfaction is at the heart of everything we do. Our MedSpa clients consistently share their positive experiences, from the quality of care to the life-changing results they've achieved.

Here's what a few of our patients have to say:



M.T.

After 15 years battling acne scarring I have @drsermirabayati to thank for my confidence! With a series of laser and microneedling treatments I've never loved my skin more!



S.R.

I would recommend anyone that's ever struggled with having bad skin to come in for a consultation at Dr. Bayati's office. I started my skin journey with a Hydrafacial and had 2 treatments with Morpheus8 and I can't begin to tell you the wonder this has done for my skin! I've had other treatments at other plastic surgeons offices but Dr. Bayati's skin care line is the only one I can see and feel the difference. Thank you Dr. Bayati for always providing a wonderful experience when coming in to see you!

Explore more real stories and transformations in our

[BEFORE & AFTER GALLERY](#)

FINANCING OPTIONS & SPECIALS

To make advanced aesthetic care more accessible, Dr. Bayati's Plastic Surgery Boutique partners with trusted healthcare lenders. Patients may also benefit from seasonal promotions, VIP events, and bundled treatment packages offered throughout the year. We believe exceptional care should be accessible.



Financing Partners:

Now offering payment plans with  **Cherry**

Payment options through Cherry Technologies, Inc. are issued by Cross River Bank, member FDIC. See www.withcherry.com/terms for details.

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you want now.**




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Why Choose Bayati Plastic Surgery

At Bayati Plastic Surgery, everything begins with you.



Dr. Semira Bayati, a trusted board-certified plastic surgeon, has spent more than two decades refining the art and science of aesthetic care. As a member of respected medical organizations, including the ASPS and ACS, Dr. Bayati brings a gold standard of ethics, precision, and personalized care to every appointment.

From injectables and laser resurfacing to body contouring and collagen-boosting therapies, each treatment is customized under Dr. Bayati's expert eye. Her approach blends the precision of surgical training with the latest advancements in non-invasive cosmetic care. Dr. Bayati's warm, meticulous style has earned her the loyalty of patients across Newport Beach and beyond.

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