

Plastic surgeons to Janet Jackson: Enough!

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Janet Jackson's face looks dramatically different in her new Nutrisystem commercial, left, than how the performer appeared less than a year ago, in May 2011, right. Is it all because of her weight loss, or is more going on?



Singer/actress Janet Jackson, 45, has struggled with her weight for years. In addition to going on the Nutrisystem diet, she says she works out 6 days a week, typically running at least 3 miles. But some plastic surgeons do not believe the changes in her face are strictly from weight loss.

"Janet Jackson has definitely had some recent work done on her face," says **Dr. Semira Bayati of Newport Beach**, one of several plastic surgeons who compared photos of Jackson going back several years. She thinks that Jackson has had her nose job re-done, gotten facial fillers and even had her chin elongated to give her face a thinner appearance.

Some think that Janet Jackson may be morphing into La Toya Jackson (seen here in a Larry King Live appearance in 2003). "Her (Janet's) nose has been redone, to narrow the base. It resembles her sister La Toya's nose now," says Dr. Semira Bayati, a plastic surgeon in Newport Beach.

"I would advise moderation," Dr. John Di Saia, an Orange County plastic surgeon, says of Janet Jackson having any further cosmetic procedures. "But that doesn't always go over very well."