

Top Cosmetic Services & Products of 2012

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If you're wondering what the newest, most state-of-the-art treatments are available this year, Newport Beach Plastic Surgeon Dr. Semira Bayati has sorted through the industry to provide their top recommendations for the latest treatments available in 2012:

Meet the New Year Head-On with Liquid Facial Rejuvenations: Botox™ and Fillers

"More and more, individuals are seeking non- surgical means of facial rejuvenation at a younger age in order to maintain their youthful appearance as long as possible," Dr. Bayati explains. Dr. Bayati has noticed an increase in people in their 20s coming in for early Botox for line and wrinkle prevention— and heightened requests for a "liquid facelift" — a combination of strategic placement of fillers to restore lost facial volume, along with Botox injection for a "liquid" brow lift and wrinkle softener. "Another appealing aspect is that the procedure does not require any downtime, as opposed to surgery," says Dr. Bayati. But keep in mind — liquid facial rejuvenation has its limits and is not suitable for all facial aging. Dr. Bayati notes that surgery is still the ultimate method of rejuvenation for more severe cases of facial sagging and aging.

About Semira Bayati, MD, FACS

Dr. Bayati is a Newport Beach, Orange County Cosmetic Surgeon. She graduated with honors from Boston University's School of Medicine and completed her integrated post doctoral training program in General Surgery and Plastic and Reconstructive Surgery at Southern Illinois University School of Medicine. She completed a fellowship program with the Loma Linda University Medical Center in Loma Linda, CA and is licensed to practice medicine in California.

Dr. is a member of the American Society of Aesthetic Plastic Surgery, American Society of Plastic Surgery, American Society for Surgery of the Hand and a Fellow of The American College of Surgeons. Dr. Bayati is also a diplomate of the American Board of Plastic Surgery, The National Board of Medical Examiners. She has earned a Certificate of Added Qualifications In Surgery of the Hand and has been a Qualified Medical Examiner. Her hospital affiliations include Hoag Memorial Hospital Presbyterian and Orange Coast Memorial Medical Center. Surgical Affiliations include Hoag Newport Surgicenter at Fashion Island, James Irvine Surgical Center and Laguna Hills Surgery Center.

For more information about Dr. Bayati, please visit www.drbayati.com. Visit Dr. Bayati's FacebookFan Page or follow her on Twitter: @SemiraBayati.