

Fashion and Lifestyle Trends

Newport Beach Plastic Surgeon talks about post-bariatric surgery in Max Sports & Fitness Magazine

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Max Sports & Fitness Magazine recently published an article on post-bariatric plastic surgery options in its October 2011 edition with the advice of **Dr. Semira Bayati, an Orange County plastic surgeon**. The article explains how to deal with excess sagging skin after extreme weight loss, providing information about the process of a tummy tuck breast lift belt. Dr. Bayati said that many patients expect a renewed sense of pride and confidence in their bodies after a dramatic weight loss of feeling, but many are not aware that weight loss is often only the beginning of a long journey to achieve their desired look. She says patients lose after putting so much effort to reduce weight and still not feel frustrated, can proudly on their bodies.



Depending on the speed with which a person loses weight and reduced the number of pounds, says Dr. Bayati, that every human experience can vary greatly loose skin. A person's genetics, age and ethnicity may also preserve such factors as the elasticity of the skin, the unique levels for each person. Regardless of the amount of excess skin, Dr. Bayati said many of her patients are willing to take steps to make their body through a new cosmetic procedure, such as a tummy tuck or thigh and arm lifts.

Dr. Bayati said that performs during the reduction of excess skin to a significant cosmetic benefits, it can also reduce the risk of health complications. She says that large amounts of skin rashes and irritation that can lead to infection. Dr. Bayati added that loose skin can often increase the discomfort for the patient during exercise and normal daily life, to a point where the exercise can be inefficient and a burden. ? Feel after weight loss surgery, patients are still some problems with body image in relation to the loose skin on the left rear. Reduction of skin and body contouring procedures after massive weight loss, have a great psychological advantage for these patients. Furthermore, it is much easier to fit into the clothes, without following? Hiding? Problem areas. Reason of the health and cosmetic benefits of the procedure can provide for tightening the skin following weight loss, says Dr. Bayati, he recommends that his patients consider plastic surgery in Newport Beach as a way of achieving your personal aesthetic goals and the best of your services. It also highlights the importance of consulting with a specialist surgeon to work with a dedicated, professional, before in a complex and multifaceted. ? Apart from the psychological benefits of weight loss after body contouring surgery, there is a reduction in medical problems such as skin breakdown, rashes and infections that often occur in the folds of excess skin. I often hear that these patients do not feel completely normal and happy, until the excess skin is removed and the body resumes its normal shape after plastic surgery.

About Semira Bayati, MD, FACS

Dr. Semira Bayati received her BA from Boston University and her medical degree at Boston University School of Medicine. From an integrated residential General / Plastic Surgery Training Program at Southern Illinois University School of Medicine, along with extensive training in endoscopic surgical techniques. Dr. Bayati is also a Diplomate of the American Board of Plastic Surgery, member of the American College of Surgeons and a member of the American Society for Aesthetic Plastic Surgery, American Society of Plastic Surgeons, and several other professional organizations. She is passionate about the rebuilding of their patients' future through cosmetic and reconstructive procedures such as breast augmentation, reconstruction and other cosmetic treatments improve.